

If a child is sick

What to do if a child seems sick



Understand the difference between concerning and serious symptoms, and what to do when you see them.

Concerning symptoms



STEP 1
Monitor carefully



STEP 2
Call parents/carers



STEP 3
Discuss symptoms
with parents/carers



Lethargy



Fever



Poor feeding



New rash



Poor urine output



Irritation or pain



Sensitivity to light

Consider calling 000 if...



any concerning symptoms get **severe** (especially lethargy)

or



get **worse** very quickly

or



there are **multiple** concerning symptoms

Serious symptoms

! Call 000 immediately



Breathing difficulties



Drowsiness or unresponsiveness



Looking pale or blue, or feeling cold

